

# INFORMATION FOR CLINIC VISITS

## Bring Medicines to Clinic Appointments

Riverwood Healthcare Center is asking all patients bring to their clinic appointments all current medications and any over-the-counter medicines and supplements they are taking on a regular basis. This is necessary to keep the electronic medical record for each patient up to date.

Before your next doctor's appointment at Riverwood, gather all medicines that you take regularly, including:

- All medications prescribed by a healthcare provider that you currently take on a regular basis.
- Any over-the-counter medicines that you take daily or several times a week, such as aspirin or eye drops.
- Any herbal and vitamin supplements that you take daily or several times a week.

Bring these medicines in their original bottles or packages to your next clinic appointment.

## Diabetic Patients

Once a year we ask our diabetic patients to fill out a Diabetic Assessment Form. This will be used as a communication tool to set goals and to develop a realistic plan between the patient and their provider to manage their diabetes over the next year.

An annual appointment will be set for our diabetic patients with their Provider and this appointment will focus exclusively on managing their illness. This visit may include lab work review, medication review, smoking cessation goals, a foot exam, blood pressure review, self-blood glucose monitoring review, diet, exercise and weight concerns. The goals and plan will be developed at this appointment and the patient will leave with a copy of the goals and plan.

Patients will leave this appointment knowing how often and when they are to return for future diabetic care. The nursing staff and the scheduling staff will assist the patient to set up any necessary appointments. They will also send reminder notices to patients as needed for future appointments.

## Holidays observed by Riverwood

Riverwood clinics in Aitkin, Garrison and McGregor, and its administrative and business offices, will be closed on these major holidays: New Year's Day, Easter/Good Friday (afternoon only), Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and Christmas Day. If a holiday falls on a Saturday, it will be observed on the Friday before it; if it falls on a Sunday, the Monday after it. In addition, when Christmas and New Year's fall on weekdays, Riverwood will close its clinics and other offices at noon on Christmas Eve and New Year's Eve.